Date: February 8, 2025

Full Name & Degrees: Ioannis Koulouridis, MD, MSc

Current Administrative Title: Consultant in Internal Medicine, Consultant in Cardiology, Consultant in Cardiac Electrophysiology; issued by the Saudi Commission for Health Specialties

Personal Information: Greek citizenship. Certified as Cardiologist in the United States, Greece, and Saudi Arabia. Currently working full-time as a Cardiologist and Electrophysiologist in King Faisal Specialist Hospital & Research Center, one of the largest tertiary hospitals of Saudi Arabia. Fully participating in the Cardiovascular Department's in-hospital schedule. This encompasses performing electrophysiology procedures 2 to 3 days per week (including all types of devices, simple and complex ablations), rounding on the inpatient Cardiovascular service including patients needing ICU level of care, participating in the Cardiovascular on-call schedule, and participating in the Cardiovascular Department's weekly outpatient clinic schedule.

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EDUCATION

Medical School & Graduate School

Dates	*Description*	*Affiliation*
January 2006	*Degree of Medicine*	*National and Kapodistrian University of Athens*
May 2012	*Masters in Clinical & Translational Science*	*Sackler School of Graduate Biomedical Sciences, Tufts University, Boston*

POSTDOCTORAL TRAINING & WORK EXPERIENCE

Dates	*Description*	*Affiliation*
3/2006 - 4/2006 (2 months)	*Nephrology Internship*	*Red Cross Hospital of Athens NHS of Greece*
5/2006 - 4/2007 (12 months)	*Military Physician*	*Military of Greece*
5/2007 - 8/2007 (4 months)	*Nephrology Internship*	*General Hospital of Corfu NHS of Greece*
9/2007 - 11/2007 (3 months)	*Nephrology & Hematology*	*General Hospital of Corfu*

	Internship as Rural Physician	*NHS of Greece*
12/2007 – 3/2008 (4 months)	*Nephrology Internship as Rural Physician*	*General Hospital of Corfu NHS of Greece*
4/2008 - 3/2010 (24 months)	*Internal Medicine Residency*	*General Hospital of Corfu NHS of Greece*
5/2010 - 8/2013 (39 months)	*Research Fellowship*	*St. Elizabeth's Medical Center, Boston, MA*
4/2014 - 6/2014 (2 months)	*Pulmonary Internship as Rural Physician*	*General Hospital of Corfu NHS of Greece*
7/2014 - 6/2017 (36 months)	*Internal Medicine Residency*	*St. Elizabeth's Medical Center, Boston, MA*
7/2017 - 6/2018 (12 months)	*Cardiac Electrophysiology Fellowship*	*St. Elizabeth's Medical Center, Boston, MA*
7/2018 - 6/2021 (36 months)	*Cardiovascular Medicine Fellowship*	*St. Elizabeth's Medical Center, Boston, MA*
7/2021-6/2022 (12 months)	*Cardiac Electrophysiology Fellowship*	*St. Elizabeth's Medical Center, Boston, MA*
10/2022-present (28 months)	*Cardiac Electrophysiology Consultant*	*King Faisal Specialist Hospital & Research Center, Jeddah, Saudi Arabia*

LICENSURE AND CERTIFICATION

Date of issuance	*Country*	*Certificate*
2/2006	*Greece*	*Greek & European Union Medical License*
11/2012	*United States*	*United States Medical Licensing Examination (USMLE) Step 1: Pass (score 201 in three-digit scale)*
12/2012	*United States*	*United States Medical Licensing Examination (USMLE) Step 2 CS: Pass*
8/2013	*United States*	*United States Medical Licensing Examination*

		(USMLE) Step 2 CK: Pass (score 223 in three-digit scale)
4/2016	*United States*	*United States Medical Licensing Examination (USMLE) Step 3: Pass (score 209 in three-digit scale)*
3/2017	*United States*	*Group 1 (Biomedical Research) Collaborative Institutional Training Initiative course examination*
10/2017	*United States*	*American Board of Internal Medicine Certification, ABIM ID: 376938*
10/2020	*United States*	*American Board of Echocardiography Adult Comprehensive Echocardiography Certification, Certificate number: 2020-00042146*
8/2022	*Saudi Arabia*	*Consultant in Internal Medicine, issued by the Saudi Commission for Health Specialties, Profile number: 22432592*
9/2022	*Saudi Arabia*	*Consultant in Cardiology & Cardiac Electrophysiology, issued by the Saudi Commission for Health Specialties, Profile number: 22432592*
12/2023	*United States*	*American Board of Internal Medicine Cardiovascular Disease Certification, ABIM ID: 376938*
1/2024	*Greece*	*Greek Board of Cardiovascular Disease Certification, Protocol Number 8425*

AWARDS AND HONORS

- Scholarship for the entrance in the Medical School of the National and Kapodistrian University of Athens through the National Pan-Hellenic University Entrance Examination. The scholarship was given by the Medical and Surgical Society of Corfu in 1999.

- "Study of serum lipids in school aged children", awarded with the 1st award in 5th Pan-Hellenic Congress of Clinical Chemistry, 18-21 November 2004, Athens, Greece.

- "Sezary syndrome in an elderly patient, a case report", awarded as the 2nd best oral presentation at the 16th Annual Congress of the Medical and Surgical Society of Corfu, 16-18 April 2010, Corfu, Greece.

- Officially awarded by the editors of Annals of Internal Medicine as one of their best reviewers during 2012 (award received on 11 March 2013).

- An editorial on Am J Kidney Dis. 2013 Jan;61(1):6-8 was dedicated to the publication "Dose of Erythropoiesis-Stimulating Agents and Adverse Outcomes in CKD: A Metaregression Analysis".

- Awarded with the 2017 Dr. Ramaswamy Resident Award, an award that is presented annually to the most outstanding house officer who exemplifies the scholarship and compassionate care of Dr. Ramaswamy (who served at St Elizabeth's Medical Center, Boston, MA, from 1971 until his death in 2001).

- "A Multidisciplinary Approach to Atrial Fibrillation: Our experience with The Convergent procedure", won the first prize as poster presentation in Massachusetts Chapter of the ACP Annual Scientific Meeting, 4 November 2017, Boston, Massachusetts, United States.

TRAINING OF GRADUATE STUDENTS / POST DOCTORAL

Masters in Clinical and Translational Science Graduate Program, Sackler School of Graduate Biomedical Sciences, University of TUFTS. (3.95/4.00)

PROFESSIONAL SOCIETIES

- American College of Physicians (ACP), American College of Cardiology (ACC), American Society of Nephrology (ASN), Heart Rhythm Society (HRS), Pan-Hellenic Medical Association, Medical and Surgical Society of Corfu
- Appointed as external reviewer by Annals of Internal Medicine (November 2012). Officially awarded by the editors as one of their best reviewers during 2012 (March 2013).
- Appointed as external reviewer by JAMA (Journal of the American Medical Association) (June 2013).
- Appointed as external reviewer by AJKD (American Journal of Kidney Diseases) (September 2013).

MAJOR RESEARCH INTERESTS

I have conducted several research projects with a cardiovascular angle, including:
- Meta-analyses on loop diuretics, extracorporeal ultrafiltration, erythropoiesis-stimulating agents, and acute kidney injury.
- Cohort studies on His bundle pacing, left bundle pacing, remote ischemic conditioning, and renal artery dissection.
- Review articles on the molecular renal pathophysiology.

BIBLIOGRAPHY

Peer-Reviewed Journal Articles/Abstracts

1. Koulouridis E, Kostimpa I, Koskinas A, Stylianesi A, Krokida A, Halki A, Arapidou M, **Koulouridis I**, Pandis A. "Chronic Kidney Disease in Diabetes". Nephrology. 2005 Jun;10:A27-A27.
2. Koulouridis E, Georgalidis K, Kostimpa I, Kalantzi M, Ntouto P, **Koulouridis I**, Mandyla M, Krokida A, Boulgari N. "Factors influencing blood pressure control in children and adolescents". Int Urol Nephrol. 2008;40(3):741-748. Epub 2008 Apr 17. PMID: 18418728.
3. **Koulouridis I**, Koulouridis E. "Endogenic cardiac stimulating glycosides: Their pathogenic role in hypertension". Iatrika Chronika North-Western Greece. 2009;5(2):14-24.
4. Koulouridis E, Georgalidis K, Kostimpa I, **Koulouridis I**, Krokida A, Houliara D. "Metabolic Syndrome risk factors and estimated GFR among children and adolescents." Pediatr Nephrol. 2010 Mar;25(3):491-498. Epub 2009 Dec 10. PMID: 20012104.
5. **Koulouridis I**, Dokanaris N, Fyssa L, Panagopoulou I, Sagias G, Rompa I, Oikonomidis N, Tzilianos M, Martzoukou D, Douitsis E. "Sezary syndrome in an elderly patient". Iatrika Chronika North-Western Greece. 2010;25(6):30-35.
6. Koulouridis E, **Koulouridis I**. "Is the dietary protein restriction achievable in chronic kidney disease? The impact upon quality of life and the dialysis delay". Hippokratia. 2011 Jan;15(Suppl 1):3-7. PMID: 21897750.
7. Koulouridis E, **Koulouridis I**. "Natriuretic peptides: the link between cardiac, kidney and enteric function". Hellenic Nephrology. 2011;23(2):71-87.
8. Koulouridis E, Kostimpa I, Klonou E, **Koulouridis I**, Tsilimpari B, Nikolaidou Z, Goudeli X, Krokida A, Liapi E, Bregova I. "Magnesium levels and magnesium containing phosphate binders in haemodialysis patients". Hippokratia. 2011;15(Suppl 2):21-26.
9. Susantitaphong P, **Koulouridis I**, Balk EM, Madias NE, Jaber BL. "Effect of frequent or extended hemodialysis on cardiovascular parameters: a meta-analysis". Am J Kidney Dis. 2012 May;59(5):689-699. Epub 2012 Feb 25. PMID: 22370022.
10. **Koulouridis I**, Koulouridis E. "Erythropoiesis stimulating agents (ESAs) in the treatment of cardio-renal syndrome anaemia". Open J Nephrol. 2012 Sep;3(2):23-28.
11. **Koulouridis I**, Alfayez M, Trikalinos TA, Balk EM, Jaber BL. "Dose of Erythropoiesis-Stimulating Agents and Adverse Outcomes in CKD: A Metaregression Analysis". Am J Kidney Dis. 2013 Jan;61(1):44-56. Epub 2012 Aug 22. PMID: 22921639.
    - An editorial by Chaknos CM and Berns JS on the same issue of Am J Kidney Dis. was dedicated to this publication with the title "Erythropoiesis-Stimulating Agents on Trial: Are Higher Dosages Causing Harm?" Am J Kidney Dis. 2013 Jan;61(1):6-8.
12. **Koulouridis I**, Alfayez M, Tighiouart H, Madias NE, Kent DM, Paulus JK, Jaber BL. "Out-of-Hospital Use of Proton Pump Inhibitors and Hypomagnesemia at Hospital Admission: A Nested Case-Control Study". Am J Kidney Dis. 2013 Oct;62(4):730-737. PMID: 23664547.
13. Alqahtani FS, **Koulouridis I**, Susantitaphong P, Dahal K, Jaber BL. "A meta-analysis of continuous vs intermittent infusion of loop diuretics in hospitalized patients". J Crit Care. 2014 Feb;29(1):10-17. Epub 2013 May 14. PMID: 23683555.
14. Susantitaphong P, Cruz DN, Cerda J, Abulfaraj M, Alqahtani FS, **Koulouridis I**, Jaber BL; for the Acute Kidney Injury Advisory Group of the American Society of Nephrology. "World Incidence of AKI: A Meta-Analysis". Clin J Am Soc Nephrol. 2013 Sep;8(9):1482-1493. Epub 2013 Jun 6. PMID: 23744003.

15. Madias JE, **Koulouridis I**. “Effect of repeat twice daily sessions of remote ischemic conditioning over the course of one week on blood pressure of a normotensive/prehypertensive subject”. Int J Cardiol. 2014 Oct 20;176(3):1076-1077. Epub 2014 Aug 2. PMID: 25127977.
16. Koulouridis E, **Koulouridis I**. “Pauci-immune vasculitis: classification and therapeutic management”. Hell Nephrol. 2014;26(2):79-90.
17. Koulouridis E, **Koulouridis I**. “Basic principles of renal tubular physiology upon molecular level”. Hell Nephrol. 2014;26(3):195-222.
18. Koulouridis E, **Koulouridis I**. “The loop of Henle as the milestone of mammalian kidney concentrating ability: a historical review”. Acta Med Hist Adriat. 2014;12(2):413-428. PMID: 25811694.
19. **Koulouridis I**, Price LL, Madias NE, Jaber BL. “Hospital-acquired acute kidney injury and hospital readmission: a cohort study”. Am J Kidney Dis. 2015 Feb;65(2):275-282. Epub 2014 Oct 22. PMID: 25446018.
20. Koulouridis E, **Koulouridis I**. “Molecular pathophysiology of Bartter’s and Gitelman syndromes”. World J Pediatr. 2015 May;11(2):113-125. Epub 2015 Mar 9. PMID: 25754753.
21. Skef W, **Koulouridis I**, Gonzalez A. "National Emergency Department (ED) and Hospital Burden of Celiac Disease: 2006-2011". Am J Gastroenterol. 2015 Oct;110(Suppl):S997-S998. doi: 10.14309/00000434-201510001-02404.
22. Daneshmand A, **Koulouridis I**, Thaler D. "Cryptogenic stroke and patent foramen ovale: The role of Valsalva maneuver and prolonged immobility (P3.079)". Neurology. 2017 Apr;88(16_supplement). doi: 10.1212/WNL.88.16_supplement.P3.079.
23. Politis D, Katsanos KH, **Koulouridis I**, Tsianos EV, Christodoulou D. "Pseudopolyps in Inflammatory Bowel Diseases: A lot yet to Explore About". J Gastroenterol Pancreatol Liver Disord. 2018 Dec;3(3):43.
24. Politis DS, Papamichael K, Katsanos KH, **Koulouridis I**, Mavromati D, Tsianos EV, Christodoulou DK. “Presence of pseudopolyps in ulcerative colitis is associated with a higher risk for treatment escalation”. Ann Gastroenterol. 2019 Mar-Apr;32(2):168-173. doi: 10.20524/aog.2019.0357. Epub 2019 Jan 23. PMID: 30837789.
25. Orlov MV, **Koulouridis I**, Monin AJ, Casavant D, Maslov M, Erez A, Hicks A, Aoun J, Wylie JV. “Direct Visualization of the His Bundle Pacing Lead Placement by 3-Dimensional Electroanatomic Mapping: Technique, Anatomy, and Practical Considerations”. Circ Arrhythm Electrophysiol. 2019 Feb;12(2):e006801. doi: 10.1161/CIRCEP.118.006801. PMID: 30739495.
26. Orlov MV, Casavant D, **Koulouridis I**, Maslov M, Erez A, Hicks A, Jahangir A, Aoun J, Wylie JV. "Permanent His Bundle Pacing using Stylet Directed, Active Fixation Leads Placed via Coronary Sinus Sheaths as Compared to Conventional Lumen-less System". Heart Rhythm. 2019 Aug;16(12). doi: 10.1016/j.hrthm.2019.08.017.
27. Orlov MV, Casavant D, **Koulouridis I**, Maslov M, Erez A, Hicks A, Jahangir A, Aoun J, Wylie JV. “Permanent His-bundle pacing using stylet-directed, active-fixation leads placed via coronary sinus sheaths compared to conventional lumen-less system”. Heart Rhythm. 2019 Dec;16(12):1825-1831. doi: 10.1016/j.hrthm.2019.08.017. Epub 2019 Aug 16. PMID: 31425775.
28. Konturek TJ, Trivedi HD, **Koulouridis I**, Jaber B, Nader CM. "Impact of Sustained Viral Remission in Patients With Chronic Hepatitis C Infection on Surrogate Markers of Hepatic Fibrosis: 847". Am J Gastroenterol. 2018 Oct;113(Supplement):S474-S475. doi: 10.14309/00000434-201810001-00847.
29. Jha A, Afari M, **Koulouridis I**, Bhat T, Garcia L. “Isolated Renal Artery Dissection: A Systematic Review of Case Reports”. Cureus. 2020 Feb 11;12(2):e6960. doi: 10.7759/cureus.6960. PMID: 32076589.
30. **Koulouridis I**, Koulouridis E, Klonou E, Fountoglou A, Kouliasa L. “Peripheral blood monocytes and procalcitonin levels as predictors of β2-microglobulin level in haemodialysis patients”. Nephrol Renal Dis. 2020 Mar 16. doi: 10.15761/NRD.1000158.

31. Chakrabarty S, **Koulouridis I**, Papafilippaki A, Bayer-Zwirello L, Tsao L. "Ventricular Tachycardia Secondary To Nonischemic Cardiomyopathy: A Case With Variable Clinical Burden During The Course Of Pregnancy". J Am Coll Cardiol. 2020 Mar 20;75(11_Supplement_1):2829. doi: 10.1016/S0735-1097(20)32829-8.
32. Orlov MV, Jahangir A, McKelvey D, Armstrong J, Maslov M, Monin AJ, **Koulouridis I**, Casavant D, Wylie J. "His Bundle Pacing Insights from Electro-Anatomical Mapping: Topography and Pacing Targets". J Cardiovasc Electrophysiol. 2020 Jul 15. doi: 10.1111/jce.14672. PMID: 32666617.
33. Koulouridis E, **Koulouridis I**. "Chloride anion and sodium sensitive hypertension. A historical review". Arch Hellen Med. 2020;37(Suppl 2):117-124.
34. **Koulouridis I**, Koulouridis E. "Cisplatin Nephrotoxicity: New Insights in an Old Problem". Med Res Arch. 2022 Mar;10(3). doi: 10.18103/mra.v10i3.2725.
35. **Koulouridis I**, Nikolaychuk M, Bhattacharya A, Astsaturov A, Zorin D, Wylie JV, Goldman A, Natan SR, Orlov MV. "PO-633-07 Right-Sided Vs. Left-Sided Left Bundle Area Lead Implants - A Success Story?". Heart Rhythm. 2022 May;19(5S).
36. Nikolaychuk M, **Koulouridis I**, Wylie JV, Goldman A, Natan SR, Bhattacharya A, Hicks A, King M, Orlov MV. "PO-692-04 A New Guide to Successful Left Bundle Area Pacing: The Importance of the Ring Measurements". Heart Rhythm. 2022 May;19(5):S403. doi: 10.1016/j.hrthm.2022.03.639.
37. Orlov MV, Nikolaychuk M, **Koulouridis I**, Goldman A, Natan S, Armstrong J, Bhattacharya A, Hicks A, King M, Wylie J. "Left Bundle Area Pacing: Guiding Implant Depth By Ring Measurements". Heart Rhythm. 2022 Sep 21;S1547-5271(22)02419-5. doi: 10.1016/j.hrthm.2022.09.013. PMID: 36152975.
38. **Koulouridis I**, Koulouridis E. "The Integral Role of Chloride & With-No-lysine Kinases in Cell Volume Regulation & Hypertension". Int J Nephrol Renovasc Dis. 2023 Aug 14;16:183-196. doi: 10.2147/IJNRD.S417766. PMID: 37601040.
39. Wylie JV, Demchuk K, **Koulouridis I**. "Right-Sided Approach for Left Bundle Branch Area Pacing is Feasible and Successful". Heart Rhythm. 2023 Nov 16;S1547-5271(23)02916-8. doi: 10.1016/j.hrthm.2023.11.013. PMID: 37979899.
40. **Koulouridis I**, Qari M, Koulouridis E. "Dietary potassium intake and blood pressure: possible beneficial effect of Paleolithic diet". Med Res Arch. 2023 Dec;11(11). doi: 10.18103/mra.v11i11.4720.
41. Chaudhary AG, Arshad SJ, Dahdouleh FW, Heaphy EL, **Koulouridis IE**. "The Characteristics and Outcomes of Nonhospitalized Patients With Heart Failure in Saudi Arabia: A Contemporary Single-Center Study". Cureus. 2024 Jan 6;16(1):e51756. doi: 10.7759/cureus.51756. PMID: 38192527.
42. Ayodeji D, Demchuk K, **Koulouridis I**, Jetty V, Dutta R, Zorin D, Astsaturov A, Hagenah KE, Elgabry I, Goldman A, Natan SR, Wylie JV, Orlov MV. "First Experience With The 2088tc-38 Lead For Conduction System Pacing Using The Abbott CPS Locator 3D Delivery System: A New Kid On The Block?". Heart Rhythm. 2024 May;21(5S):PO-03-042.
43. **Koulouridis I**, Koulouridis E, Qari M. "Herbal Nephropathy and Balkan Endemic Nephropathy: The Pathogenic Role of Aristolochic Acid". Med Res Arch. 2024 Jun;12(6). doi: 10.18103/mra.v12i6.5565.
44. Dina A, Demchuk K, **Koulouridis I**, Dutta R, Jetty V, Bhattacharya A, Zorin D, Astsaturov A, Hagenah K, Elgabry I, Ebersol K, Goldman A, Natan S, Wylie JV, Orlov M. "Procedural Outcomes and Conduction System Capture Pattern Maintenance with the Tendril STS™ 2088TC Lead and CPS Locator™ 3D Delivery System: A Comparative Analysis with Lumenless Lead System". Authorea Preprints. 2025 Jan 17.

Peer Reviewed Book Chapters

1. Koulouridis E, **Koulouridis I** (2011). "The importance of diet in the development of kidney disease. Survival is not enough". In Babb EB (Ed.), NAPLES MMXI (p. 29-34). Naples: NAPLES MMXI. Italian Institute for Philosophical Studies.

2. **Koulouridis I**, Wylie JV (2018-2025). "Bundle branch block". In Ferri's Clinical Advisor (1st ed., ISBN 978-0323755733). Elsevier Health Sciences.
3. **Koulouridis I**, Wylie JV (2018-2025). "Intraventricular Conduction Delay". In Ferri's Clinical Advisor (1st ed., ISBN 978-0323755733). Elsevier Health Sciences.
4. **Koulouridis I**, Wylie JV (2019-2025). "Sinus Arrhythmia". In Ferri's Clinical Advisor (1st ed., ISBN 978-0323755733). Elsevier Health Sciences.
5. **Koulouridis I**, Wylie JV (2021). "Coronary Artery Dissection". In Ferri's Clinical Advisor (1st ed., ISBN 978-0323755733). Elsevier Health Sciences.
6. Johnstone M, **Koulouridis I** (2023). "The Management of Hyperglycemia and DM in Patients with an Acute Coronary Syndrome". In Diabetes and Cardiovascular Disease (Contemporary Cardiology) (3rd ed., ISBN 978-3-031-13176-9, eBook ISBN 978-3-031-13177-6, ISSN 2196-8969, eISSN 2196-8977). Springer Nature Switzerland AG. https://doi.org/10.1007/978-3-031-13177-6

Presentations at International Scientific Conferences

1. Koulouridis E, Georgalidis K, Ntouto P, Kostimpa I, Koskinas A, Mandyla M, Krokida A, **Koulouridis I**, Halki A, Arapidou M, Stilianesi A. "Seeking the components of metabolic syndrome among school aged children". Poster presentation in XLII Congress of ERA-EDTA, 4-7 June 2005, Istanbul, Turkey.
2. Koulouridis E, Kostimpa I, Pandis A, Koskinas A, Stilianesi A, Krokida A, Halki A, Arapidou M, **Koulouridis I**. "Atheromatous renal disease among diabetic patients". Poster presentation in 3rd World Congress of Nephrology, 26-30 June 2005, Singapore, Singapore.
3. Koulouridis E, Georgalidis K, Ntouto P, Kostimpa I, **Koulouridis I**, Koskinas A, Mandyla M, Krokida A, Halki A, Arapidou M, Stilianesi A. "Factors influencing blood pressure control in school aged children". Oral presentation in 7th BANTAO Congress, 8-11 September 2005, Ohrid, FYROM. Oral presentation in 5th International Congress of Obesity Corfu, 28-29 October 2005, Corfu, Greece.
4. Koulouridis E, Georgalidis K, Ntouto P, Kostimpa I, Kalantzi M, Mandyla M, **Koulouridis I**, Koskinas A, Krokida A, Halki A, Arapidou M, Stilianesi A, Spyrou A. "Incidence of metabolic syndrome among children and adolescents in a non-industrialized community". Poster presentation in XLIII Congress of ERA-EDTA, 15-18 July 2006, Glasgow, United Kingdom.
5. Koulouridis E, Georgalidis K, Ntouto P, Kostimpa I, Kalantzi M, **Koulouridis I**, Mandyla M, Koskinas A, Krokida A, Halki A, Arapidou M, Stilianesi A, Spyrou A. "Study of the factors influencing blood pressure control among children and adolescents". Poster presentation in XLIII Congress of ERA-EDTA, 15-18 July 2006, Glasgow, United Kingdom.
6. Koulouridis E, Georgalidis K, Kostimpa I, Kalantzi M, Ntouto P, Mandyla M, **Koulouridis I**, Krokida A, Boulgari N, Spyrou I. "Factors influencing estimated GFR among children and adolescents". Oral presentation in 8th Congress of Balkan Cities Association of Nephrology, Dialysis, Transplantation and Artificial Organs (BANTAO), 16-19 September 2007, Belgrade, Serbia.
7. Christodoulou K, **Koulouridis I**, Christodoulou E, Christou P, Douitsis E, Dendia K. "10 years experience of laparoscopic cholecystectomy: conversion rates & complication treatment". Poster presentation in 16th International Congress of the European Association for Endoscopic Surgery, 11-14 June 2008, Stockholm, Sweden.
8. Koulouridis E, Georgalidis K, Kostimpa I, Kalantzi M, Ntouto P, Mandyla M, **Koulouridis I**, Krokida A, Koulouridi IA, Kanavoura E, Tambakologos D. "Metabolic syndrome risk factors and estimated GFR among children and adolescents". Poster presentation in ISN Nexus Symposia: Diabetes and the Kidney, 26-29 June 2008, Dublin, Ireland.

9. **Koulouridis I**, Alfayez M, Trikalinos T, Balk EM, Jaber BL. "Dose of Erythropoiesis-Stimulating Agents (ESAs) and Adverse Outcomes in Chronic Kidney Disease (CKD): A Meta-Regression". Poster presentation in ASN meeting: Kidney Week 2011, 8-13 November 2011, Philadelphia, Pennsylvania, United States.
10. Susantitaphong P, **Koulouridis I**, Madias NE, Jaber BL. "Effect of Frequent or Extended Thrice-Weekly Hemodialysis on Cardiac and Blood Pressure (BP) Parameters: A Meta-Analysis". Poster presentation in ASN meeting: Kidney Week 2011, 8–13 November 2011, Philadelphia, Pennsylvania, United States.
11. **Koulouridis I**, Alfayez M, Tighiouart H, Madias NE, Kent DM, Paulus JK, Jaber BL. "Out-of-Hospital Use of Proton Pump Inhibitors and Hypomagnesemia at Hospital Admission: A Nested Case-Control Study". Poster presentation in ASN meeting: Kidney Week 2012, 30 October – 4 November, San Diego, California, United States.
12. Alqahtani FS, **Koulouridis I**, Dahal K, Jaber BL. "Continuous versus Intermittent Infusion of Loop Diuretics in Hospitalized Patients: A Meta-Analysis of Randomized Controlled Trials". Poster presentation in ASN meeting: Kidney Week 2012, 30 October – 4 November, San Diego, California, United States.
13. **Koulouridis I**, Price LL, Madias NE, Jaber BL. "Hospital-Acquired Acute Kidney Injury (AKI) and Early Readmission: A Cohort Study". Oral presentation in ASN meeting: Kidney Week 2013, 5–10 November, Atlanta, Georgia, United States.
14. Alqahtani FS, Dahal K, **Koulouridis I**, Abulfaraj M, Susantitaphong P, Jaber BL. "A Meta-Analysis of Extracorporeal Ultrafiltration versus Intravenous Loop Diuretics in Patients with Acute Decompensated Heart Failure (ADHF)". Poster presentation in ASN meeting: Kidney Week 2013, 5–10 November, Atlanta, Georgia, United States.
15. Chakrabarty S, **Koulouridis I**, Papafilippaki A, Bayer-Zwirello L, Tsao L. "Ventricular Tachycardia Secondary To Nonischemic Cardiomyopathy: A Case With Variable Clinical Burden During The Course Of Pregnancy". Poster presentation in ACC World Congress of Cardiology: 2020, 29 March, Chicago, Illinois, United States.

Presentations at National Scientific Conferences

1. Koulouridis E, Kostimpa I, Vlahos A, Koskinas A, Halvatsiotis I, Stilianesi A, Krokida A, Pandis A, Gampaeridis O, Halki A, **Koulouridis I**, Arapidou M. "Atheromatous disease of the kidneys and diabetes mellitus". Oral presentation in 13th Annual Congress of the Medical and Surgical Society of Corfu, 2004, 5-7 November, Corfu, Greece.
2. Koulouridis E, Georgalidis K, Ntouto P, Kostimpa I, **Koulouridis I**, Koskinas A, Tzilianos M, Krokida A, Stilianesi A, Halvatsiotis I, Marinarou A, Gampaeridis O, Halki A, Mandyla M, Arapidou M. "Study of the factors influencing blood pressure control among school aged children". Oral presentation in 13th Annual Congress of the Medical and Surgical Society of Corfu, 2004, 5-7 November, Corfu, Greece.
3. Koulouridis E, Georgalidis K, Ntouto P, Kostimpa I, Koskinas A, Tzilianos M, Krokida A, Stilianesi A, Halvatsiotis I, Marinarou A, Gampaeridis O, Halki A, **Koulouridis I**, Mandyla M, Arapidou M. "Study of serum lipids in school aged children". Oral presentation in 13th Annual Congress of the Medical and Surgical Society of Corfu, 5-7 November 2004, Corfu, Greece. 1st award in 5th Pan-Hellenic Congress of Clinical Chemistry, 2004, 18-21 November, Athens, Greece.
4. Koulouridis E, Georgalidis K, Ntouto P, Kostimpa I, Koskinas A, Tzilianos M, Krokida A, Stilianesi A, Halvatsiotis I, Marinarou A, Gampaeridis O, Halki A, **Koulouridis I**, Mandyla M, Arapidou M. "Relationship between serum insulin and obesity in children". Oral presentation in 13th Annual Congress of the Medical and Surgical Society of Corfu, 2004, 5-7 November, Corfu, Greece.
5. Koulouridis E, Georgalidis K, Ntouto P, Kostimpa I, Kalantzi M, **Koulouridis I**, Mandyla M, Koskinas A, Krokida A, Halki A, Arapidou M, Stilianesi A, Spyrou A. "Study of the factors influencing blood pressure control among children and adolescents". Oral presentation in 14th Pan-Hellenic Congress of Nephrology, 2006, 31 May-3 June, Halkidiki, Greece.

6. Koulouridis E, Georgalidis K, Ntouto P, Kostimpa I, Kalantzi M, Koskinas A, Mandyla M, Krokida A, **Koulouridis I**, Halki A, Arapidou M, Stilianesi A, Spyrou A. "The metabolic syndrome in children and adolescents". Poster presentation in 14th Pan-Hellenic Congress of Nephrology, 31 May-3 June 2006, Halkidiki, Greece. Poster presentation in 44th Pan-Hellenic Pediatric Congress, 2006, 9-11 June, Rhodes, Greece.
7. Koulouridis E, Georgalidis K, Kostimpa I, Kalantzi M, Ntouto P, Mandyla M, **Koulouridis I**, Krokida A, Kanavoura E, Tambakologos D. "Factors influencing the Glomerular Filtration Rate in children and adolescents". Oral presentation in the 74th Annual Scientific Symposium of the Greek Kidney Society, 22-23 November 2007, Thessalonica, Greece. Oral presentation in 15th Annual Congress of the Medical and Surgical Society of Corfu, 2008, 4-6 April, Corfu, Greece.
8. **Koulouridis I**. "Acid-base disorders". Oral presentation in 15th Annual Congress of the Medical and Surgical Society of Corfu, 2008, 4-6 April, Corfu, Greece.
9. Tzilianos M, **Koulouridis I**, Mpogdanos D, Loukidis K, Papakonstantinou B, Provatas I, Tziouvilas M, Pagratis P, Somarakis G, Kavadia O, Andriotis B. "Diving goiter as a cause of secondary erythrocytosis". Oral presentation in 15th Annual Congress of the Medical and Surgical Society of Corfu, 2008, 4-6 April, Corfu, Greece.
10. Koulouridis E, Kostimpa I, M Kalantzi, **Koulouridis I**, Krokida A, Tambakologos D, Vasilakis D. "Achievement of therapeutic goals in sight of ISO certification in a provincial Artificial Kidney Unit". Oral presentation in 76th Scientific Meeting of the Hellenic Nephrology Society, 2008, 20-21 November, Thessalonica, Greece.
11. Koulouridis E, Kostimpa I, Kalantzi M, Klonou E, **Koulouridis I**, Krokida A, Kanavoura E, Vasilakis D, Houliara D. "Our experience on the use of calcimimetics and vitamin-D in patients under haemodialysis and with secondary hyperparathyroidism". Oral presentation in 77th Scientific Meeting of the Hellenic Nephrology Society, 2009, 12-13 March, Thessalonica, Greece.
12. Koulouridis E, Kostimpa I, Manatou H, **Koulouridis I**, Krokida A, Houliara D, Psarakis E, Dimitriou T, Perouli E. "Successful treatment of disseminated skin psoriasis with Infliximab on a patient under haemodialysis". Oral presentation in 78th Scientific Meeting of the Hellenic Nephrology Society, 2009, 5-6 November, Thessalonica, Greece.
13. **Koulouridis I**, N. Dokanaris, Fyssa L, Panagopoulou I, Sagias G, Rompa I, Oikonomidis N, Tzilianos M, Martzoukou D, Douitsis E. "Sezary syndrome in an elderly patient, a case report". Awarded as the 2nd best oral presentation in 16th Annual Congress of the Medical and Surgical Society of Corfu, 2010, 16-18 April, Corfu, Greece.
14. Koulouridis E, I Kostimpa, Manatou H, Houliara D, Psarakis E, **Koulouridis I**, Georgalidis K, Paschalis A, Krokida A, Oikonomidis N, Kosteletos S, Nikolaidou N. "Green Urine in a patient under haemodialysis, a case report". Oral presentation in 16th Annual Congress of the Medical and Surgical Society of Corfu, 2010, 16-18 April, Corfu, Greece.
15. Markatis E, Haini E, Mpatsouli V, Paramythiotis S, Kanta E, **Koulouridis I**, Papanikolaou H, Martzoukou D, Tsopanidis D, Hainis K. "Pneumonia in patients of the General Hospital of Corfu with the new H1N1 flu virus". Poster presentation in 16th Annual Congress of the Medical and Surgical Society of Corfu, 2010, 16-18 April, Corfu, Greece.
16. Koulouridis E, Tzilianos M, I Kostimpa, Kalantzi M, **Koulouridis I**, Manatou H, Krokida A, Houliara D, Psarakis E. "The brain natriuretic peptide and c-reactive protein as prognostic survival markers in patients under haemodialysis". Poster presentation in 16th Pan-Hellenic Congress of Nephrology, 2010, 2-5 June, Kos, Greece.
17. Koulouridis E, Kostimpa I, Klonou E, **Koulouridis I**, Tsilimpari B, Nikolaidou Z, Goudeli H, Krokida A, Manatou H, Liapi E. "The clinical significance of serum magnesium levels in patients under hemodialysis". Oral presentation in 1st Pan-Hellenic Congress of EKONY (Hellenic College of Nephrology and Hypertension). 2011, 27-29 January, Patras, Greece.

18. Koulouridis E, Kostimpa I, Klonou E, **Koulouridis I**, Tsilimpari B, Nikolaidou Z, Goudeli H, Krokida A, Manatou H. "Efficacy study of the combination therapy with calcium acetate / magnesium carbonate (CALMAG) as phosphorus binder in patients under hemodialysis". Poster presentation in 1st Pan-Hellenic Congress of EKONY (Hellenic College of Nephrology and Hypertension). 2011, 27-29 January, Patras, Greece.
19. Koulouridis E, Kostimpa I, Klonou E, Martzoukou D, **Koulouridis I**, Treha P, Krokida A, Bregova I, Papatheodorou S. "Study of the factors that affect survival in patients under haemodialysis". Poster presentation in 17th Pan-Hellenic Congress of Nephrology, 2012, 10-13 May, Kylini, Greece.
20. Koulouridis E, Kostimpa I, Klonou E, Martzoukou D, **Koulouridis I**, Treha P, Krokida A, Bregova I, Papatheodorou S. "Association between peripheral monocytes and serum procalcitonin with β2-microglobulin in patients under hemodialysis". Poster presentation in 17th Pan-Hellenic Congress of Nephrology, 2012, 10-13 May, Kylini, Greece.
21. Koulouridis E, **Koulouridis I**. "The loop of Henle as the milestone of mammalian kidney concentrating ability: a historical review". Oral presentation in 8th Congress of the International Association for the history of Nephrology. 2013, 11-14 September, Ancient Olympia – Patras, Greece.
22. Kumar AJ, **Koulouridis I**, Afari ME. "Renal artery dissection – A systematic literature review". Poster presentation in Massachusetts Chapter Fellows Program. 2016, 9 December, Boston, Massachusetts, United States.
23. Aoun J, **Koulouridis I**, Mughal A, Afari ME , Zahm C, Wylie JV Jr. "A Multidisciplinary Approach to Atrial Fibrillation: Our experience with The Convergent procedure". Won the first prize as poster presentation in Massachusetts Chapter of the ACP Annual Scientific Meeting in 2017, 4 November, Boston, Massachusetts, United States. The presentation was also accepted in the National ACP Annual Scientific Meeting.